lo pack in Hospital Bag	To do day before surgery
☐ Nightgowns (2)	Pack bag
☐ Underwear (4)	Shave legs
☐ Jammie pants (2)	Hospital call – Arrival time
☐ T-shirts (3)	Emerg. Contact list for daycare
☐ Socks (2)	Out of office in email
☐ Robe	Check bills/budget
☐ Hoodies (2)	☐ Get \$ for kids/David for needs
□ Non-skid socks(2)	Confirm with G&G L and Ray
☐ Hair ties (3)	Stock bath w/recovery supplies
☐ Brush	
☐ Toothbrush	
☐ Toothpaste	To do day of surgery
☐ Floss	
☐ Mouthwash	Add meds bag to hospital bag
	<ul><li>Add meds bag to hospital bag</li><li>Add toothbrush to hospital bag</li></ul>
☐ Mouthwash	
<ul><li>Mouthwash</li><li>Hip Surgery Binder</li></ul>	☐ Add toothbrush to hospital bag
<ul><li>Mouthwash</li><li>Hip Surgery Binder</li><li>Chapstick</li></ul>	<ul><li>Add toothbrush to hospital bag</li><li>Grab crutches</li></ul>
<ul><li>☐ Mouthwash</li><li>☐ Hip Surgery Binder</li><li>☐ Chapstick</li><li>☐ Mints/Candies/Tic Tacs</li></ul>	<ul><li>Add toothbrush to hospital bag</li><li>Grab crutches</li><li>Toilet seat riser for day home</li></ul>
<ul><li>☐ Mouthwash</li><li>☐ Hip Surgery Binder</li><li>☐ Chapstick</li><li>☐ Mints/Candies/Tic Tacs</li><li>☐ Glasses</li></ul>	<ul> <li>Add toothbrush to hospital bag</li> <li>Grab crutches</li> <li>Toilet seat riser for day home</li> <li>Cleanser wipe</li> </ul>
<ul> <li>☐ Mouthwash</li> <li>☐ Hip Surgery Binder</li> <li>☐ Chapstick</li> <li>☐ Mints/Candies/Tic Tacs</li> <li>☐ Glasses</li> <li>☐ Cell Phone Charger</li> </ul>	<ul> <li>□ Add toothbrush to hospital bag</li> <li>□ Grab crutches</li> <li>□ Toilet seat riser for day home</li> <li>□ Cleanser wipe</li> <li>□ Call Metlife 866-729-9200</li> </ul>

DAILY MEDICATION RECORD										
MEDICATIONS &	DATE:									
DOSING INSTRUCTIONS	AMT	TIME	AMT	TIME	AMT	TIME	AMT	TIME	AMT	TIME
Celexa - (1) 40mg tab/day										
Stool softener – (1-2) tabs/day										
Morphine – 1 every 12 hrs										
Aspirin – 1 every 12 hrs										
Prochlorperazine –										
1 every 6 hrs for Nausea										
Oxycodone/APAP/Percoset –										
2 every 6 hrs										
Oxycodon/IMM REL –										
1 every 2 hours if needed for breakthrough pain										

DAILY MEDICATION RECORD										
MEDICATIONS &	DATE:									
DOSING INSTRUCTIONS	AMT	TIME	AMT	TIME	AMT	TIME	AMT	TIME	AMT	TIME

N	1ay 18, 201	0 [RIGI	[RIGHT TOTAL HIP REVISION SURGERY – ST MARY'S HOSPITAL]							
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